

Winter and Spring Programs!

GREAT FUTURES preschool

Our preschool has been serving 2 1/2 - 5 year old children for almost three decades! The dedicated teachers have developed a curriculum that fosters personal growth, self-confidence and critical thinking. Classes are held at the Main Club and offer flexible schedules. We also offer a one-of-a-kind field trip class and Science Club! Please call Sara Hill for more information at 425-454-6162, Ext. 25 or E-mail at shill@bgcbellevue.org

2 1/2 - 3 years old

Lambs :

Monday, Wednesday & Friday
9:15 AM - 11:45 AM
Fee: \$335 Month

Kittens:

Tuesday & Thursday
9:15 AM - 11:45 AM
Fee: \$235 Month

3 Years Old (3 before 8/31)

Panda Bears:

Monday, Wednesday & Friday
9:00 AM - 12:00 PM
Fee: \$370 Month

Koala Bears:

Tuesday & Thursday
9:00 AM - 12:00 PM
Fee: \$270 Month

4 Years Old - Pre-K

Must be 4 before 8/31

Rabbits:

Monday, Wednesday & Friday
9:30 AM - 1:30 PM
Fee: \$450 Month

Ponies:

Tuesday, Thurs. & Friday (field trip)
9:00 AM - 12:00 PM
Fee: \$380 Month

Science Club: 3 - 5 Years Old

Thursdays

12:00 - 2:00 PM

Fee: \$130 Month

AFTER SCHOOL EDUCATION GRADES K - 5

Our afterschool education program is known as "Project Learn", which is a curriculum developed for Boys & Girls Clubs of America by Columbia University. Just a few of the structured components include:

- "Power Hour" program with homework help, reading groups, tutoring and enrichment work
- High-yield learning activities
- Youth of the Month and of the Year
- Helping others, i.e. TorchClub
- Technology Curriculum including Club Tech
- National Fine Arts
- Incentives
- Measurements
- Educational Development and Cultural Enrichment

All programs are currently open for enrollment and run from September - June, Mon. - Fri., 2:30 - 6:30 PM, with the exception of the early release Wednesdays when Project Learn will open directly after school. Scholarships & payment plans are available.

PROJECT LEARN SITES

Main Club

The Main Club will service students from Bellevue Christian, Clyde Hill, Enatai, Medina, Woodridge and Puesta del Sol Elementary schools.

Fee: Five days per week \$275 monthly
Wednesdays \$60 monthly

Elementary Schools, Eastside Terrace, Spiritwood Manor & Hidden Village

We have Clubs in Bennett, Cherry Crest, and Phantom Lake Elementary schools. There are also Clubs at Eastside Terrace (serving Stevenson), Hidden Village (serving Spiritridge & St. Louise), and Spiritwood Manor (serving Lake Hills). Visit www.bgcbellevue.org for times.

Fee: Five days per week \$200 monthly
Wednesdays \$60 monthly

So. Bellevue Community Center

This program serves children from Eastgate, Cougar Ridge, Newport Heights, Puesta del Sol, Spiritridge and Somerset Elementary Schools. Please note the limited van transportation for Newport Heights and Cougar Ridge.

Fee: Five days per week \$275 monthly
Wednesdays \$60 monthly

Crossroads Community Center

This program serves children from Sherwood Forest and Ardmore. Please visit www.bgcbellevue.org for times.

Fee: Five days per week \$200 monthly
Wednesdays \$60 monthly

School's Out Days

MAIN CLUB, SOUTH BELLEVUE, EASTSIDE TERRACE, HIDDEN VILLAGE AND SPIRITWOOD MANOR

A full day of safe, supervised and fun activities are planned during Bellevue School District holidays and school's out days. Your kids will have fun playing games and doing arts and crafts. Some days include field trips to be announced prior to the day. All "School's Out" days start at 7:30 and run until 6:30 PM. You must have a current BGCB membership.

Fee: \$20 per day

Project Learn members

Fee: \$40 per day

Members not enrolled in Project Learn.

Mid-Winter and Spring Break Camps!

February 17 - 20 and April 6 - 10

Join us for Mid-Winter (February 17-20) and Spring Break (April 6-10) for Schools Out Day Fun! Camps will be offered at the following locations: The Main Club, South Bellevue Community Center, Eastside Terrace, Hidden Village and Spiritwood Manor for elementary school youth from 7:30 AM - 6:30 PM. Project Learn members pay \$20 per day and non-Project Learn Members pay \$40 per day. Teen members may attend "The Club" teen center from 7:30 AM - 12:00 PM for \$15 per day and then 12:00 PM - 7:00 PM at no cost.

MEN'S BASKETBALL

Monday, Wednesday, Friday

Fee: \$50 per quarter

Plus current BGCB membership

Times: 11:45 AM - 1:15 PM

Tuesday, Thursday

Fee: \$35 per quarter

Plus current BGCB membership

Times: 11:30 AM - 1:00 PM

Winter and Spring SPORTS & more!

Parkour

Main Clubhouse

Register On-line Now!

At Movefree Academy, students are taught the discipline of functional self-improvement. Our goal is to movefree forever. A life free of restrictions, weakness, aches or pains. In this class, we focus on fun exercises that incorporate restorative mobility drills, gymnastics-style body weight training, and safe Parkour movements. We guarantee our students will see an increase in strength, confidence and discipline. We use a point system to reward students for participation, positive attitudes, individual achievements and skill class level-ups. Points can be used towards amazing prizes that will aid the student along on their fitness journey.

Basic Parkour Tuesdays & Thursdays 6 - 7 PM
Advanced Parkour Tuesdays & Thursdays 7 - 8 PM

Check website for fees: Average is @ \$80 per month

Co-Ed Golf: Ages 9 - 15

Registration begins 9 AM - Feb. 2

Spring golf is for boys and girls, ages 9 - 15. Participants will meet every Friday from May to June (6 weeks) from 4:00 - 5:30 at Willows Run Golf Course. Golfers will learn proper swing fundamentals with irons and woods, as well as chipping and putting. Classes will include the driving range, practice games and course play. Limited space available so sign up soon!

May to June

Fee: \$90 for Six Weeks

Rhythmic Gymnastics

Program Overview

Rhythmic gymnastics is an Olympic sport, known for its elegance, beauty and grace. Ballet is a basic skill, which is combined with tumbling and dance. There are five apparatus, such as ribbon, ball, clubs, rope and hoop, which are used in a choreographed routine performed on a mat. The program has several levels, from beginner on up. Rhythmic Gymnastics is one of the most fundamental and exciting of all physical exercises. Basic rhythmic skills develop attributes that are perfect stepping-stones for other activities. Some of these include flexibility, balance, strength, agility and hand-eye coordination. Girls can begin the sport at almost any age and participate in the fun and fitness level, or progress into competition.

| | | |
|----------------------------|-----------|------------------|
| Level 1 (Ages 5-8) | Wednesday | 6:15 - 7:15 PM |
| Level 1 (Ages 5-8) | Saturday | 9:00 - 10:00 AM |
| Level 2 (Ages 8+) | Friday | 6:15 - 7:15 PM |
| Level 2 (Ages 8+) | Saturday | 10:00 - 11:00 AM |
| Level 3 (Coaches Decision) | Monday | 6:00 - 7:30 PM |
| Level 3 (Coaches Decision) | Saturday | 11 AM - 1:30 PM |

Check website for fees: Average is @ \$80/mo. for Wed or Fri. - \$120/mo. for 2 days per level

Junior Football Reminder

Registration Opens 9 AM - March 9

Mark your calendars! Junior Football registration will open at 9 AM on Tuesday, March 9, 2015 on our website bgcbellevue.org. Register for Bears Jr. Football if you live in the Interlake or Sammamish High School attendance areas. Knights Jr. Football registration is for players living South of I-90 and in the Newport High School attendance area. Wolverines Jr. Football players are those who live in the Bellevue High School attendance area.



Spring Soccer

Registration begins 9 AM - Jan. 13

Our Spring Soccer program follows the standards of the Washington State Youth Soccer Association.

Leagues for girls will be 6U - 15U. Leagues for boys will be 7U - 11U. Practices will begin the week of March 9th and games will begin the week of April 13th. The last game will be mid-June. All games are played at local schools and play fields. Game location information is subject to change. You must have current BGCB membership.

Girls Spring Soccer: Grades K - 9

6U - Wednesdays
7U - Wednesdays
8U - Mondays
9U - Mondays
11U (includes 10 yr. olds) - Thursday
13U (includes 12 yr. olds) - Wednesday
15U (includes 13 & 14 yr. olds) - Tuesday

Boys Spring Soccer: Grades K - 5

7U - Tuesday
9U (includes 8 yr. olds) - Tuesday
11U (includes 10 yr. olds) - Tuesday

Fee: \$85 + \$10 Bellevue School District Field Charge

For the best marketing deal in town, sponsor a team for only \$250. Have 10 kids wearing your company name!

Winter and Spring SPORTS!

Co-Ed Spring Volleyball: Grades 4 - 9

Online registration begins at 9 AM, January 13

The Club is teaming up with the Mercer Island Boys & Girls Club for a spring recreational volleyball league. This league is offered for boys & girls of all skill levels and abilities. The season runs from mid-April through mid-June. There will be one practice per week and one game per week. Games will be played on Saturdays at the South Bellevue Community Center. Some games may also be held at the Mercer Island Boys & Girls Club. Grades 4/5 use a "Lite" official size ball and there will be NO playoffs for this league. The 6/7 leagues use an Official size ball, and the 8/9 leagues use an official size/weight ball. The 6/7 and 8/9 grade leagues will have playoffs at the end of the season. You must have a current BGCB membership.

Grades 4/5 league Fee: \$75 (scholarships available)

Grades 6/7 and 8/9 leagues Fee: \$85 (scholarships available)

Boys & Girls Spring Basketball: Grades 3 - 12

Registration will begin January 13 at 9 AM

Teams play one game per week with no practices. Season runs mid-April through mid-June. Locations of Mian Club, South Bellevue Community Center or Fieldhouse to be determined.

Boys:

| | |
|----------------|-----------|
| Grades 3 - 4: | Tuesday |
| Grades 5 - 6: | Wednesday |
| Grades 7 - 8: | Thursday |
| Grades 9 - 12: | Friday |

Girls:

| | |
|---------------|--------|
| Grades 3 - 4: | Friday |
| Grades 5 - 6: | Monday |
| Grades 7 - 8: | Monday |

Fee: \$80 (scholarships available)

If you are interested in coaching a boys or girls basketball, baseball or soccer team, please click on the "Volunteer" section on our website at bgcbellevue.org

Judo

Monthly sign-ups for 2015 begin on the 15th of the prior month

Judo means "Gentle Way". Learn from Harold Yamada's 30-year tenure with the sport of Judo. Harold will teach students ages 5-17 how to efficiently use their balance, leverage and movement to perform Judo throws and other basic skills. Learn how Judo can be an art and a "way of life" in a fun, disciplined, and recreational format. Judo uniforms are required and can be purchased directly from the instructor. Harold Yamada, a 4th Degree Black Belt, says "I am glad to bring Judo back to the Boys & Girls Clubs of Bellevue where my family started the program nearly 50 years ago. Classes are all held at the Main Clubhouse.

Ages 5 - 17 Friday Evenings 6 - 8 PM

Check website for fees: Average is @ \$80 per month)

For questions, please contact Nick Warren at nwarren@bgcbellevue.org

PLEASE GO TO bgcbellevue.org TO FIND OUT MORE ABOUT CLUB PROGRAMS, OUR MISSION AND HOW TO SUPPORT OUR SCHOLARSHIP FUND





and other Teen Programs!

CLUB BUS FOR TEENS

Thanks to the generosity of Nintendo and Postal Express, we purchased busses to shuttle teens from Bellevue, Sammamish, & Interlake High Schools and Chinook, Highland, Odle, Tyee and Tillicum Middle Schools to TXL and "The Club" Teen Center. The Club busses run 5 days a week at no cost to our members.

"CLUB 678" for MIDDLE SCHOOL STUDENTS

This program, a partnership with the Bellevue School District and King County Housing Authority, is specifically designed to meet the needs and challenges facing our middle school youth. Members have an opportunity to get homework done, take part in our leadership and community service program known as Torch Club, and participate in our Digital Arts programs, field trips, intramural sporting activities and dances.

Daily After School

No cost to members!

Ground Zero Music

This program, one of the most popular at the Teen Center, offers all ages concerts on Friday and Saturday nights as well as specialized music programming throughout the week including guitar, bass and drum lessons, and Band Pool, designed to offer new bands a chance to play at Ground Zero. Come to our Music Advisory every Thursday at 5:00PM or contact Jason Clackley at jclackley@bgcbbellevue.org to find out more. Some concerts charge a fee of \$6 or \$5 with a canned food donation.

Teen Center Hours

Monday from 2:30 - 7 PM Tuesdays from 2:30 - 7 PM
Wednesdays from 1 - 7 PM Thursdays from 2:30 - 8 PM (Teen Feed)
Fridays from 2:30 - 7 PM* Saturdays from 6 - 11 PM**
*From 7 PM - 11 PM on concert nights ** On concert nights

"BEST BUY" Computer Clubhouse for Teens

The **Best Buy Computer Clubhouse** is the latest evolution of Club Tech, a decade-long initiative developed by Boys & Girls Clubs of America and Microsoft. A model of technology programming for all Clubs, the **Best Buy Teen Computer Clubhouse** features state-of-the-art Microsoft software and dedicated space to foster creativity and teamwork. Along with teaching young people how to navigate basic technology functions, the Center provides instruction in such areas as creating a resume, designing web sites and restoring computers. Activities are designed to help youth develop critical thinking, project management and problem-solving skills. The ultimate goal is to enable young people to do well in school and prepare them for success in a 21st century workforce. **Best Buy** and Boys & Girls Clubs of America will provide training and support to ensure the Center's success. This is a partnership with the City, as the TXL Center is located in the Lake Hills Community Center.



Boys & Girls Clubs of America have dedicated their efforts toward an initiative to address the increasing drop-out rate in our country. In 2008, the Club launched BE GREAT: Graduate with support from the Robert Vasen Foundation, Nintendo, and OJP. Now in our fourth year, the program targets 5th - 12th graders who show warning signs associated with dropping out of school, while also offering academic assistance to any teen interested. To ensure academic success among our participants, the staff offer one-on-one support and case management to identify and break down individual barriers for youth struggling in school. Teachers and counselors at the schools also work with our staff to ensure that students progress to their appropriate grade level. Membership for this program is FREE to all participants, but membership forms are required. For more information call Matt, or Allyse at 425-644-7885.

Great Futures Start HERE!



**BOYS & GIRLS CLUBS
OF BELLEVUE**

209 100th Avenue NE
Bellevue, WA 98004
425-454-6162
bgcbbellevue.org

Pro Baseball Skills & Drills Clinic

Online registration is available NOW!

Steve Goucher has been a valued baseball instructor and coach in the greater Seattle area for over 20 years. He is known for providing players of all ages and abilities with exceptional training in a supportive environment. Whether hitting, fielding, or throwing, the emphasis is on the player's strengths and getting the most out of their specific talents as players.

Ages 7 - 10 2:00 - 3:30 PM

Ages 10 - 14 3:30 - 5:00 PM

Fee: \$90 for Four Sessions:

**Sunday's: December 21st and 28th
January 4th and 11th**

Clinics will be held at the **Main Clubhouse**

Boys & Girls Non-Contact Spring Flag Football

Online registration is available NOW!

This is a 100% non-contact sport. Boys and girls of all levels are welcome to participate.

Teams are divided by grades

1st/2nd, 3rd/4th, 5th/6th and 7th/8th.

This league will run from Mid-April to Mid-June.

Fee: \$120 + \$10 Field Use

NON-PROFIT ORGANIZATION
US POSTAGE PAID
SEATTLE, WA

WINTER / SPRING PROGRAM 2015



**BOYS & GIRLS CLUB
OF BELLEVUE**

MEMBERSHIP

Annual club membership is \$27. Many programs have additional fees, but no child is ever turned away because of an inability to pay. Some programs have limited space. If you are interested in a program, please register at the earliest possible date. If you need to apply for a scholarship, please bring in your 2014 income tax return and 2014 W-2 forms. Please call the club at 425-454-6162 for more information regarding scholarships.

IMPORTANT DATES

CLUB OFFICE HOURS

Monday-Friday, 9 am - 6:30 PM
(Club is not open for registration during private parties).

CLUB CLOSURES

MLK Jr. Day, Monday, Jan. 19
President's Day, Mon. Feb. 16

SCHOOL'S OUT PROGRAMS

Visit www.bgcbbellevue.org or call the Club at 425-454-6162 for more information about these dates and the programs that may be available.

MID-WINTER BREAK CAMP

February 17 - 20

SPRING BREAK CAMP

April 6 - 10



GREAT FUTURES START HERE

Our Mission is to inspire and enable all young people, especially those who need us the most, to reach their full potential as productive, caring, responsible citizens.

Programs and Dates:

| | |
|--------------------------|--|
| Project Learn | Online registration is available NOW! |
| Tae Kwon Do | Online registration is available NOW! |
| Men's Basketball | Online registration is available NOW! |
| EBI Skills & Drills | Online registration is available NOW! |
| Spring Basketball | Online registration begins 9 AM Jan. 13 |
| Girls Soccer | Online registration begins 9 AM Jan. 13 |
| Boys Soccer K-5th Grades | Online registration begins 9 AM Jan. 13 |
| Co-Ed Volleyball | Online registration begins 9 AM Jan. 13 |
| Co-Ed Golf | Online registration begins 9 AM Feb. 2nd |
| Preschool 2015 / 2016 | Online registration begins 9 AM March 11 |

If you do not have access to a computer or have any questions, please come to the Club and we will be very happy to help you!

Online Payment Policy

We are asking that you pay the program fees within 5 days of any on-line registration. After 5 days, if fees are unpaid, your child will be dropped from the registered program. If you have any questions or concerns about this policy please contact the Main Club at 425-454-6162. Thank you for your understanding.

Club Refund Policy

- A processing fee of \$5.00 will be administered to every refund transaction for a program
- Membership fees are nonrefundable
- Only a partial refund will be given within the first two weeks after a program has started.
- No refunds will be given after the second week of any program.
- Refund for "School's Out" days must be done 3 business days prior to the first day of service. No refunds will be given after this time.
- There is a \$25 returned check fee.

The Bellevue School District does not sponsor nor endorse this event and/or information, nor does the district assume responsibility for it. In consideration of the privilege to distribute materials, the Bellevue School District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or awards.

209 100th AVENUE NE
BELLEVUE, WA 98004
425-454-6162
www.bgcbbellevue.org

Rent the Club

Searching for a fun place to host your child's next party? The Main Club and "The Club" Teen Center are both available many weekday evenings and weekends. Rent the games room, main or mini gym or meeting room at the Main Club. Please provide 1 to 10 adult/child ratio. For the Main Club, call Katie for available hours at 425-454-6162. For "The Club" Teen Center rental, contact Lance Latimer at 425-429-3203.

Wish List

Snack donations, especially fresh fruits and vegetables

Sponsors for our weekly free Teen Feed events

Board games

Art supplies

Homework supplies such as pencils, notebooks and calculators

Recreation equipment

Volunteers to coach or tutor

Books - several of same title for book clubs

Please visit our website at
www.bgcbbellevue.org